



CURRICULUM VITAE
Tiffany Wesley Ardoin, MD, FACP

Current Title: Assistant Professor of Clinical Medicine
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Birthdate and Birthplace:
Spouse and Children:
Citizenship:

Education:

Undergraduate: Baylor University (May 2011)
Graduate/Medical: LSUHSC New Orleans (May 2015)
Internship: LSU Internal Medicine in Baton Rouge (June 2016)
Residency: LSU Internal Medicine in Baton Rouge (June 2018)
Post-Doctoral Fellowships
Clinical Fellowships
Other

2016-2018	Clinical Educator Track
	<ul style="list-style-type: none">Selected as one of three residents in my residency class to complete training geared towards enhancing my skills as a physician educator.
2018	Columbia University Narrative Medicine Workshop
2022	Lean Training Workshop by Franciscan Missionaries of Our Lady
	<ul style="list-style-type: none">Invited to attend a Change Acceleration Process Course and Process Improvement for Leaders Course for leaders within the organization.

Certification:

2018 Internal Medicine ABIM Board Exam 10/2018
2019 NIH Introduction to the Principles and Practice of Clinical Research Course
10/2018-7/2019

Licensure:

Louisiana Medical License #303945 Expires 1/31/2023

Academic, Professional, and Research Appointments:

2018-2019 Chief Resident and Clinical Instructor of Medicine with LSU Internal Medicine in Baton Rouge

2019-present Assistant Professor of Clinical Medicine at LSU Internal Medicine in Baton Rouge

Membership in Professional Organizations:

1998- present American Mensa
2011-2018 American Medical Association
2011-present American College of Physicians
2012- 2015 Edgar Hull Society Member
2014- present Gold Humanism Honor Society
2014- present Alpha Omega Alpha Honor Medical Society
2016- 2020 Louisiana State Medical Society
2020-present American Heart Association

Awards and Honors:

2007-2010 Starter for the Baylor University Division I Softball Team
2010 1st Team Academic All-America Team

- Awarded to 11 Division I softball players for achievements on the field and in the classroom

2010 NCAA Woman of the Year Nominee

- Nominated as an NCAA female athlete who excelled in athletic achievement, academic achievement, community involvement, and leadership

2010 Baylor Big XII Female Senior Athlete of the Year

- Awarded to one senior female athlete at Baylor for making an impact on the athletic program during her collegiate career

2013 LSU Board of Supervisors Scholarship

- Scholarship awarded to LSU undergraduate and graduate students displaying academic excellence, special talents and financial need

2014 Alpha Omega Alpha Honor Medical Society
2014 Gold Humanism Honor Society Award

- An award voted on by the medical class described as the type of doctor one would send one's own parent or child to for care

2015 Class of 1991 Esprit de Corps Award

- An award given to the student who demonstrates compassion towards his/her patients, professional integrity, comradery with colleagues and a willingness to help fellow students

2018 Our Lady of the Lake Resident of the Month

- I was awarded the Resident of the Month March 2018 for Our Lady of the Lake Hospital. This acknowledgement is voted on by ancillary staff.

2021 Nomination for the Faculty Assembly Outstanding Service to the Community Award

- This award is given to a junior faculty member who demonstrates leadership and develops outreach programs and service opportunities to address community needs.

2021 Elected as Fellow of the American College of Physicians

- Elected based on accomplishments within the realm of medicine including teaching, continuing medical education, public service, publications, etc.

- 2022 Baton Rouge Business Report's "People to Watch in Health Care"
- Local publication that recognizes people in the community that are advancing healthcare.

TEACHING EXPERIENCE AND RESPONSIBILITIES

Course/Clerkship/Residency or Fellowship/CME Directorships

Curriculum Development/Implementation

- 2018-present Leader and coordinator of the Problem-Based Learning Curriculum at LSU Internal Medicine Residency Program in Baton Rouge
- The problem-based learning curriculum started as a series of 4 PBL sessions for interns as a "crash course" in medicine at the beginning of intern year. It is now expanding to include courses for second-year residents as well. This is a new skill/technique that I introduced into our department.
- 2019-present Assistant developer of the Clinical Educator Track at LSU Internal Medicine Residency Program in Baton Rouge
- The clinical educator track is a curriculum for residents interested in a career in academic medicine. Some of our residents in the track have gone on to do fellowships at NIH and Johns Hopkins.
- 2020-present Applied Theory in Clinical Medical Education Course Teacher and Curriculum Developer
- One of three Teachers (3 MDs) and one of four creators (3 MDs and 1 PhD) of a medical education course for fourth year medical students that is 95% virtual
- 2021-present Diversity, Equity and Inclusion Curriculum Developer
- One of four faculty creating a DEI curriculum for the LSU Baton Rouge Internal Medicine Residency Program

Creation of Enduring Teaching Materials

- 2017 Nursing CME at OLOL
- Created a powerpoint presentation and recorded a lecture to provide to the medical oncology floor nurses for CME.
- 2018-current Problem-Based Learning Cases
- As the director of the Problem-based Learning Curriculum, I have been primary author on 1 PBL case and have been secondary author on 11 PBL cases.
- 2020 Chalk Talk
- Recorded chalk talk for resident project for residents to refer to for use for continued learning
- 2021 American Heart Association Cooking Class Presentations
- Assisted in the creation of AHA Healthy For Life Cooking and Nutrition Educational powerpoints for a series of 3 cooking classes

Formal Course Responsibilities

- 2017-present Director of Problem-based Learning Curriculum for the LSU Internal Medicine Program in Baton Rouge (20 hours/year)
- Developed a PBL program for incoming interns to advance acclimation into their roles in a residency program. It was implemented July 2018 and now evolving based on intern/resident feedback and expanding to include second year residents. I also facilitate several PBL sessions per year along with other faculty members.
- 2018-2020 Group leader in Narrative Medicine Curriculum at LSU Internal Medicine Residency Program in Baton Rouge (8 hours/year)
- Narrative Medicine consists of meeting with interns every other month to discuss short pieces of literature and complete therapeutic writing exercises based on the Columbia University curriculum
- 2018-present Small group teaching on inpatient wards service with 1 resident, 2-3 interns and 1-4 medical students (160 hours/year)
- 2019-present Multiple Noon Conferences annually as listed in next section (60 hours/year)
- 2019-present Teacher within the Clinical Educator Track at the LSU Internal Medicine Program in Baton Rouge (6 hours/year)
- Teach on curriculum design and teaching strategies in one active learning session
- 2019-present House Leader with the Clinical Skills Integration Course 101 at LSUHSC School of Medicine in New Orleans (10 hours/year)
- Attend at least 2 CSI 100 sessions per semester with Tchoup House 10
- 2019-2020 Teacher within the Continuing Nursing Education Curriculum at Our Lady of the Lake Hospital (10 hours/year)
- Assist with CME for nurses at OLOL based on topics requested from nursing administration
- 2020-present Applied Theory in Clinical Medical Education Course Teacher and Curriculum Developer (20 hours/year)
- One of four Teachers (3 MDs, 1 PhD) and creators of a medical education course for fourth year medical students that is currently 95% virtual due to COVID-19.

Departmental/Interdisciplinary Teaching Conferences

- 2015-present Morning Report
- Attend morning report almost daily and contribute to discussions from a faculty perspective

Resident Conference Didactic Series

- 2016, 2018,
2019 "Changes to Medical Education." Tiffany Wesley, M.D.
2016 Journal Club: "Low-Risk Diet and Lifestyle Habits in the Primary Prevention of Myocardial Infarction in Men: A Population-Based Prospective Cohort Study." Tiffany Wesley, M.D.
2017 "Morbidity and Mortality". Tiffany Wesley, M.D.
2017 "Intern Pearls". Tiffany Wesley, M.D.
2017 "IgA Deficiency, CVID and Complement Deficiency". Tiffany Wesley, M.D.
2018 "MyPlate Resident Education". Tiffany Wesley, M.D.

- 2019 Critical Analysis: "The Effectiveness of a Patient-Centered Dietary Educational Intervention". Tiffany Wesley, M.D.
- 2020 "Neurology MKSAP Review Part 1". Tiffany Wesley. M.D.
- 2020 "COVID19 Wards". Drs. Serena Aunon-Chancellor and Tiffany Wesley.
- 2019-2022 "Nutrition and Health". 2 part Noon Conference lecture series presented annually. Tiffany Wesley Ardoin, M.D
- 2021 "Social Determinants of Health". Tonya Jagneaux, MD; Diana Hamer, PhD; Tiffany Wesley Ardoin, MD.
- 2021 "Lipids". Presented annually. Tiffany Wesley Ardoin, MD.

Other Internal Conferences

- 2019 Continuing Nursing Education Lecture: "COPD Management: A Multidisciplinary Care Approach". Tiffany Wesley, M.D.
- Given to OLOL Nursing Staff at Our Lady of the Lake
- 2021 "Residency Interview Tips" to LSUHSC-New Orleans Medical Students. Followed by interactive discussion. Tiffany Wesley Ardoin, MD.
- Provided virtually to LSUHSC Fourth Year Medical Students

Teaching Awards:

- 2020, 2021 Aesculapian Staff Teaching Award Nominee
- One of four attendings in the LSUHSC system nominated as an outstanding clinician educator by Third Year Medical Students

Undergraduate, Medical, or Graduate Students Trained:

- 2018-present Faculty Advisor
- Residents advised personally as mentor include Sharis Steib, David Mickey, Clay Adamek, Vicky Valsaraj, Taylor Roussel
- 2020 Research Advisor to Addy Reine for Critical Analysis
- 2020 Preceptor for FranU Dietetic Interns

Thesis and Dissertation Committees:

Post-Doctoral or Post-Residency Fellows Trained:

RESEARCH AND SCHOLARSHIP

Grants and Contracts:

Funded (include the following: 1. Dates of award, 2. Note your role [PI, co-PI, etc], 3. Include your percentage of effort, 3. Include \$ of direct costs of award; 4. If listing an ongoing clinical trial, include the projected size of the contract)

MyPlate Educational intervention- Quasi-experimental post-intervention study evaluating the efficacy and likeability of a dietary educational intervention. This also included the creation and pilot of the educational tool, a MyPlate diet video created by the investigators. Manuscript currently under review.

1. 2017
2. Resident Investigator
3. 20% effort. \$5,770 total award from LSU School of Medicine Resident Research Grant and LSU Baton Rouge Internal Medicine Research Budget.

Geaux Get Healthy Clinical Program and FISH Research Study- Study measuring the effects of the Geaux Get Healthy Program, a program addressing food insecurity. The research study will be looking at improvements in food insecurity along with improvements in metabolic health, associated health conditions and hospital utilization. Study current ongoing.

1. 6/2020-current
2. PI
3. 2020-2022
 - a. 2020-2021 Funding: 20% In Kind effort. \$167,497 total award 2020-2021 from Humana
 - b. 2022 Funding: \$100,000 donation from HealthyBlue. LSUHSC REP Grant award for \$61,891.72 to cover research costs (labs, gift cards, statistician, 10% protected time)
****Have done news interviews (WBRZ twice) and radio interviews (Medical Monday on Talk 107.3FM) on Food Insecurity and the GGH program and FISH research**

Recent non-funded applications (last three years)

2021 Building Trust through Diversity, Health Care Equity and Inclusion in Internal Medicine Training program Application with ACP, ABIM, AAIM

Journal Publications:

Refereed

Wesley T, Hamer D, Karam G. Implementing a narrative medicine curriculum during the internship year: An internal medicine residency program experience. *Perm J* 2018;22:17-187. DOI: <https://doi.org/0.7812/TPP/17-187>

Jeha, G., Wesley, T., Cataldo, V. Novel Translocation in Acute Myeloid Leukemia: Case Report and Review of Risk-Stratification and Induction Chemotherapy in Patients With Acute Myeloid Leukemia. *Journal of Hematology, North America*, 9, Apr. 2020.

Ardoin TW, Hamer D, Mason N, et al. Effectiveness of a Patient-Centered Dietary Educational Intervention. *Ochsner J.* 2022;22(2):113-128.
doi:10.31486/toj.21.007

Pending publication

Ardoin, T.W., Hamer, D., Stumpf, M., Miles, L. Integrating Problem Based Learning into an Internal Medicine Residency Curriculum. *MedEdPortal*. [under review].

Non-refereed

Books:

Book Chapters:

Published Abstracts:

Ardoin, T.W., & Dreznick, M. T. Abstract 11527: A pilot of food insecurity and its sequelae on health (FISH). *Circulation*. November 2021.
https://doi.org/10.1161/circ.144.suppl_1.11527.

Scientific Presentations:

Local

- 2016 **Tiffany Wesley M.D.**, Angela Johnson M.D., Diana Hamer PhD. "LSU Population Adherence Survey". 2016. QI project where we collected scouting data and now developing QI intervention with in-the-clinic informational diet video and handout.
- 2016 **Tiffany Wesley M.D.**, Brandi Hernandez M.D., Jessica Lacombe M.D., Casey Chapman M.D. "Paraesophageal Hernia Masquerading as Right Heart Failure". Poster presented at Louisiana ACP Conference. Baton Rouge, LA. 2016.
- 2017 **Tiffany Wesley M.D.**, Angela Johnson M.D., Diana Hamer PhD. "What Are Our Patients Doing for Their Health?". Poster presented at Louisiana ACP Conference. Baton Rouge, LA. 2017.
- 2018 **Tiffany Wesley M.D.**, Angela Johnson M.D., Diana Hamer PhD. "What Are Our Patients Doing for Their Health? Part 2". Poster presented at Louisiana ACP Conference. New Orleans, LA. 2018.
- 2018 **Tiffany Wesley M.D.**, Angela Johnson M.D., Diana Hamer PhD. "Designing and testing of a MyPlate Educational Video to communicate healthy food choices to low-income, minority populations". Poster presented at LSU Regional Research Day May 2018. Baton Rouge, LA. 2018.
- 2019 Tyler Boudreaux M.D, **Tiffany Wesley M.D.** "The Elusive Diagnosis of Systemic Lupus Erythematosus". Poster presented at OLOL and LSU Quality & Research Day. Baton Rouge, LA. 2019.

National

- 2018 **Wesley, T.R.**, Francis, D.B., Hamer, D., Johnson, A., Mason, N. (2018, April). Design and testing of MyPlate video education materials to communicate healthy food choices to low-income, minority populations. Poster presented at the 15th Biennial Kentucky Conference on Health Communication, Lexington, KY.
- 2019 **Tiffany Wesley M.D.** "The MyPlate Educational Intervention." ACP Innovation Challenge Semifinalist. Virtual Competition.
- 2021 **Ardoin, T.W.**, & Dreznick, M. T. (2021, November 13-15). *A pilot of food insecurity and its sequelae on health (FISH)* [Poster presentation]. American Heart Association Scientific Sessions, Boston, MA.
<https://professional.heart.org/en/meetings/scientific-sessions>

International

CME

- 2019 "ACP MOC Updates in Internal Medicine". Tiffany Wesley, M.D. New Orleans, LA.

Scientific Exhibits:

Enduring Teaching Materials (peer reviewed):

Videos, Electronic Media, and Multimedia:

Research Review Committee: (NIH study section, etc)

- 2022 Judge for Original Research Poster Presentations at LSU/OLOL Quality and Research Day. Along with one other judge, listened and asked

questions for 20 different poster presentations and provided scores on poster, content, methods and interview skills.

Inventions and Patents:

Invited Presentations and Seminars: (include visiting professorships)

Local

- 2021 Virtual presenter at the Louisiana Center for Health Equity 2021 Health Summit: #LA40by2030. "The Geaux Get Healthy Clinical Program and FISH Research Study at OLOL North Clinic." **Tiffany Wesley Ardoin, M.D.** March 30th, 2021.
- Virtual presentation on a statewide level discussing food insecurity and local interventions to improve the issue. I was invited to speak by Candice Myers, PhD at Pennington Biomedical Research Center. The audience was Louisiana people who were interested in health equity and who signed up for the Health Summit.
- 2021 Invited Presentation to the Baton Rouge Food Insecurity Coalition Presentation on "Food Insecurity and the Geaux Get Healthy Clinical Program" by **Tiffany Ardoin, MD.** April 8th, 2021.
- Virtual presentation to the Baton Rouge FIC discussing food insecurity and local interventions to improve the issue.
- 2021 AMWA Invited Speaker
- Virtual presentation and Q&A session on all things involving medical school
- 2022 AED Invited Speaker
- In-person presentation and Q&A session on all things involving medical school
- 2022 Invited presenter at the National Association of Social Workers-Louisiana Chapter Annual Conference.
- Spoke on Social Determinants of Health and things we are doing locally to address these needs to Social Workers from around Louisiana. This presentation was a joint effort amongst myself, Dr. Tonya Jagneaux and Alvin Smith, LMSW on behalf of Our Lady of the Lake Hospital.

Plenary Lectureships or Refresher Courses at Professional Meetings:

Visiting Professorships or Seminars:

Editorial Posts and Activities:

Journal Editor or Associate Editor:

Reviewer:

- 2019-current Reviewer for the Permanente Journal
2020-2021 Grant proposal reviewer for Albert Einstein College of Medicine
2022-current Reviewer for Ochsner Journal

SERVICE AND ADMINISTRATION

University/Institutional Service:

Departmental committees

LSU Internal Medicine in Baton Rouge:

2019-present Clinical Competency Committee Member (30 hours/year)

- As a group, we provide formative feedback to residents by evaluating them with ACGME Milestones.

2019-present Residency Applicant Interview Committee (60 hours/year)

- This includes interviews Monday-Thursday during the fall and January and frequent “rank meetings” as a group to discuss the fourth year student applicants.

School committees

LSUHSC (campus) committees

Hospital committees

2019-2021 Member of the Joy in Medicine Committee at Our Lady of the Lake Hospital

- I assisted with planning joyful events for the hospital and frequently wrote pieces for the Joy in Medicine newsletter.

2020-present OLOL SDOH Workforce Committee (48 hours/year)

- As a part of this committee, we meet every 1-2 weeks to discuss the rollout of Social Determinant of Health Screenings across the FMOL Hospital System. This frequently leads to other tasks and emails in between the meetings such as finalizing the screening questions, meeting with EPIC representatives to integrate the questions, educating various groups of employees from within one department to an entire market of FMOL, finding educational videos for waiting rooms to help prepare patients to be asked the SDOH questions, leading a pilot within our own LSU Residency clinic, etc.

Special assignments – ad hoc task forces/working groups, projects, etc.

2020 COVID-19 Region 2 Congregate Living Testing Work Group for Mayor’s Office

- Met weekly during the spring to discuss the state of COVID across hospital systems and throughout Region 2 in the attempt to keep people aware and help troubleshoot ongoing issues.

Local Service:

2021-present Board Member of the American Heart Association Capital Area Chapter (12 hours/year)

2022-present President of the American Heart Association Capital Area Board

- Meet every other month to discuss national AHA initiatives and the focus of the local chapter and how we can impact the Baton Rouge community through various educational projects, community service opportunities and research.

National Service:

Professional society committees

Meeting Chair or Organizer

International Service:

**Professional society committees
Meeting Chair or Organizer**

Clinical Service:

In-patient service activities

2019-2021

4 Months total per year in 2 week increments with 10-12 hours/day on average.

2021-2022

17 Weeks total per year in 2 week increments with 10-12 hours/day on average.

Average RVUs during months with 2 weeks of inpatient service= 413.

Clinic coverage

2019-2022

2-4 half days of clinic per week ~4-5 hours for each half day of clinic. I am scheduled for clinic during the times that I am not doing inpatient wards.

Average RVUs during months without inpatient service= 122.

Call

2019-2022

One 24 hour call every 4 days when on in-patient service.

Administrative Responsibilities:

Departmental

School

LSUHSC

Hospital

Interdisciplinary/other program (center or program)

Community Service Activities:

2019-present HealthyBR Member (6 hours/year)

- Active participant in the Mayor's community initiative for better health behaviors in Baton Rouge as a representative of LSU Health and Our Lady of the Lake Hospital

2019 Red Stick Spice Cooking Classes

- Provided a series of cooking classes to LSU Health Diabetic patients through partnership with Red Stick Spice Company

2019 Willie F Hawkins Health Fair Committee Member

- I held a leadership role in the design and implementation of a community health fair and participated the day of by providing an educational presentation on a health topic to the people who attended from the community.

2020 Woman's Week Presentation "Nutrition as Medicine and the Challenges We Face Today". October 2020.

- Spoke to the community about nutrition and how it affects health.

2020 American Heart Association Community Conversation Webinar "Your Health + COVID-19 in Louisiana" guest panelist. May 2020.

- Spoke to the community about COVID-19 in partnership with AHA.

2020-present Director of the Geaux Get Healthy at OLOL North Clinical Program (200 hours/year)

- Represent LSUHSC as program director of GGH program that provides cooking classes, nutrition classes and grocery store tours to Baton Rouge community members who are food insecure to improve chronic medical conditions in the community secondary to SDOH.

2022

Willie Hawkins Community Educational Series (6 hours/year)

- MD coordinator of educational event for community at OLOL North clinic that includes 4 educational sessions on various health topics for community members in partnership with HealthyBlue.